



COLLINSON

Back Home From a Green Country

Back Home Day 2 PCR Test



IMPORTANT: Please read these instructions carefully before you take your test.

This kit contains the PCR test you need for returning from a Green country.

This kit includes:

1 x Back Home Day 2 PCR test (purple box)

This self-test user guide takes you through the process and what you'll need to do on your return. There is a separate instruction leaflet in the box to tell you how to register and take your COVID-19 PCR test.

If you have any questions, get in touch with the Collinson support team at **consumersupport.collinsonassistance.com**

STEP 1



Testing when you're back home - Day 2

The UK Government requires all travellers aged five and over returning from Green countries to take a PCR test on or before day 2 after their return.

So, if you arrive home on a Saturday, you can take your Day 2 test on either the Saturday, Sunday or Monday.



Do not eat, drink or smoke for at least 30 minutes before the test.

The test should take approximately 10 minutes to read the instructions, set up and conduct the test and a further 5 minutes to package up your sample to send to the lab.

STEP 2



Sending your test back

Once you've taken the test, make sure you place your sample with the absorbent pad into the biohazard bag and seal it. Then place it into the prepaid postal rigid pouch, making a note of the registered tracking information before sending.



Send your sample immediately to the lab by Royal Mail from a Parcel postbox, Priority postbox, Post Office counter or a Post Office Customer Service Point (CSP).

To find your nearest one, visit [royalmail.com/services-near-you](https://www.royalmail.com/services-near-you)

STEP 3



Getting your results

A notification will be sent to you once we've received your sample.

We will then process your sample and send your results to the registered email address you supplied when you ordered your kit.

Collinson will then notify the relevant national health authority with your results.

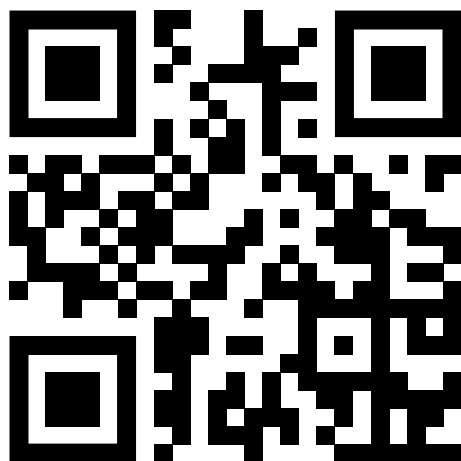
A negative result means that it is likely that you're not infected with COVID-19 and unlikely to infect anyone.



A positive result means that you're infected with COVID-19 and are at risk of infecting others too. Therefore you must self-isolate and follow the latest government and NHS guidelines on self-isolation.

If your result is inconclusive or spoiled, please contact **consumersupport.collinsonassistance.com** straightaway for further information about your options.

For an online version of this leaflet to bookmark for later, scan the QR code:



Or visit
collinsongroup.com/backhomegreenguide

Contact us



www.collinsongroup.com/covid-19-testing



consumersupport.collinsonassistance.com



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