



COLLINSON

Away and Back **For an Amber Country**

Going Away, Back Home **Day 2 and Day 8** **PCR Tests**



IMPORTANT: Please read these instructions carefully before you take your tests.

This bundle contains the PCR tests you'll need for a trip to an Amber country.

Your bundle includes:

1 x Going Away PCR test (blue box)

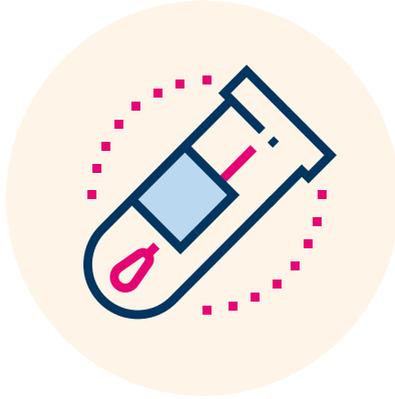
1 x Back Home Day 2 PCR test (purple box)

1 x Back Home Day 8 PCR test (pink box)

This self-test user guide takes you through the process and what you'll need to do before you depart the UK and on your return. There is a separate instruction leaflet in each box to tell you how to register and take your COVID-19 PCR test.

If you have any questions, get in touch with the Collinson support team at **collinsongroup.com/selftestsupport**

STEP 1



Taking a test before you travel

Make sure you have registered your test kit at collinsongroup.com/selftestregister.

You'll need to take this test at least 48 hours before you travel, because you'll need to send the kit to the lab and we need to send your results back to you.



Don't eat or drink for 30 minutes before the test.

The test should take around 10 minutes to read the instructions and set up, 5 minutes to do and then about 5 minutes to package up the sample to send to us.

STEP 2



Sending your test back

Place the clear bag into the prepaid postal envelope, making a note of the registered tracking information before sending.

You need to send this Royal Mail from a Parcel postbox, Priority postbox, Post Office counter or a Post Office Customer Service Point (CSP). To find your nearest one, visit [royalmail.com/servicesnearyou](https://www.royalmail.com/servicesnearyou)

STEP 3



Getting your results and Fit to Fly certificate

Once we've received and processed your test, we'll send your results via email by 11.59pm the day before you travel. Collinson will then notify the relevant national health authority with your results.

Your results will be sent to the registered email address you gave us when you ordered your kits.



All negative results will receive a digital Fit to Fly certificate to allow you to travel.

If your test is positive, that means you're infected with COVID-19 and are at risk of infecting others. Therefore you're not fit to travel.

You must follow the latest government and NHS guidelines on self-isolation.

If your test results are inconclusive or spoiled, please contact **collinsongroup.com/selftestsupport** straightaway for further information about your options.

STEP 4

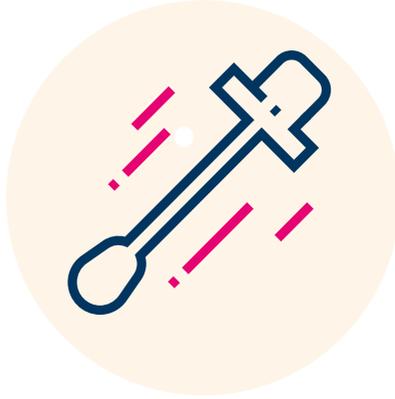


Getting ready to travel and testing abroad

Got a negative test and received your Fit to Fly certificate? Then you're good to go.

Don't forget you'll need to take another COVID-19 Fit to Fly test at the country you are in before coming home. The type of test required will vary depending on your destination.

STEP 5

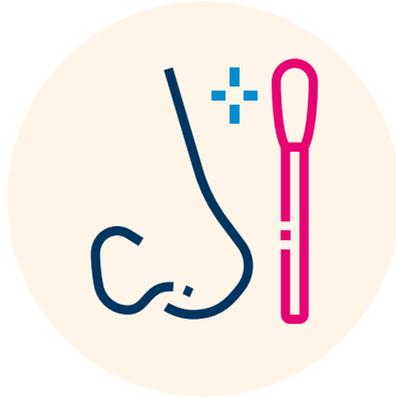


Testing when you're back home - Day 2

The UK Government requires all travellers aged five and over returning from Amber countries to take a PCR test on or before the second day after their return. Amber countries also require you to quarantine at home for 10 days after your return.

So, if you arrive home on a Saturday, you can take your Day 2 test on either the Saturday, Sunday or Monday.

Please turn over for remaining steps.



Simply repeat the testing process you followed with your Going Away PCR test and remember to get the prepaid envelope in the post as soon as possible after testing.

You'll be notified of your result by email. Collinson will then notify the relevant national health authority with your results.

A negative test means that it is likely that you're not infected with COVID-19 and unlikely to infect anyone. You'll still need to self-isolate and take your Back Home Day 8 PCR test.

A positive test means that you're infected with COVID-19 and are at risk of infecting



others too. Therefore you must continue to self-isolate and take your Back Home Day 8 PCR test on or after the eighth day after your return.

You must follow the latest government and NHS guidelines on self-isolation.

If your test results are inconclusive or spoiled, please contact **collinssongroup.com/selftestsupport** straightaway for further information about your options.

You must continue to self-isolate and take your Back Home Day 8 PCR test on or after the eighth day after your return.

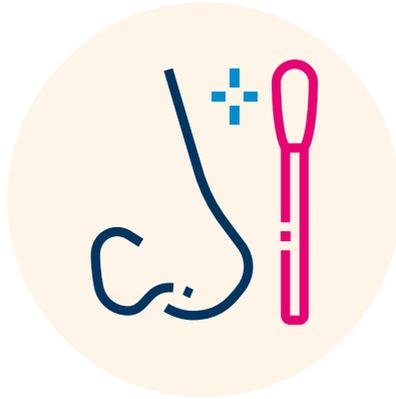
STEP 6



Testing when you're back home - Day 8

Before finishing your quarantine, all travellers who are partially or not vaccinated over the age of 18 returning from an Amber country need to take another PCR test on or after Day 8.

Simply repeat the testing process you followed with your Going Away and your Back Home Day 2 PCR test and remember to get the prepaid envelope in the post as soon as possible after testing.



You'll be notified of your result by email. Collinson will then notify the relevant national health authority with your results.

A negative test means that it is likely that you're not infected with COVID-19 and unlikely to infect anyone. You'll no longer need to self-isolate.



A positive test means that you're infected with COVID-19 and are at risk of infecting others too. Therefore you must continue to self-isolate for a further 10 days from the day after you took the test. You must follow the latest government and NHS guidelines on self-isolation.

If your test results are inconclusive or spoiled, please contact **collinsongroup.com/selftestsupport** straightaway for further information about your options.

For an online version of this leaflet to bookmark for later, scan this QR code:



Or visit
collinsongroup.com/backhomeamberguide

Contact us



collinsongroup.com/covid-19-testing



collinsongroup.com/selftestsupport



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